

GUIDE TO *Lonicera caerulea*



Little known outside of Japan and Eastern Europe, this tasty superfruit with its flavor of raspberries and blueberries deserves to be better known – and more widely grown. Its small, dark blue fruit has big potential for eating fresh or making into sauces, jam, ice cream, and smoothies. Though it looks like an elongated blueberry, it's so much easier to grow: super hardy, not at all fussy about soil or pruning. These are true Vitamin Berries® with more vitamin C, potassium, and fiber than citrus. They have an extremely high ORAC value with exceptional levels of anthocyanins, polyphenols, and bioflavonoids. Perhaps most importantly, they taste great.

We are pleased to offer two unique series of this special fruit: the Sugar Mountain® series comes from Eastern Europe and has more elongated fruit that is excellent for eating fresh or drying. The Yezberry® series was developed in the United States with germplasm from Hokkaido, Japan's northernmost island. Yezberry® haskaps bloom later, so their flowers are less susceptible to frost damage. They have larger, plumper fruit that is delicious fresh and especially good for processing into sauces, jam, or juice.

Variety	Sweetness	Fruit Size	Use	Pollinator	Season	Size
SUGAR MOUNTAIN® Blue	Sweetest	Moderate	Fresh Dry Processed	Not Needed*	Early	5-6' 1.5-1.8m
SUGAR MOUNTAIN® Eisbär	Tangy Sweet	Moderate	Dry Processed	SUGAR MOUNTAIN® Blue	Early	5-6' 1.5-1.8m
YEZBERRY® MAXIE™	Tangy Sweet	Largest	Fresh Processed	Any other YEZBERRY®	Late	5-6' 1.5-1.8m
YEZBERRY® SOLO™	Tangy Sweet	Large	Fresh Processed	Not Needed*	Late	5-6' 1.5-1.8m
YEZBERRY HONEY BUNCH®	Sweet	Large	Fresh Processed	Any other YEZBERRY®	Late	3-5' .9-1.5m
YEZBERRY SUGAR PIE®	Sweet	Large	Fresh Processed	Any other YEZBERRY®	Late	3-4' .9-1.2m

*SUGAR MOUNTAIN® Blue and YEZBERRY® SOLO™ do not require a pollinator; however, fruit will be larger and more abundant if planted with another member of the series.